

LOVE PILATES?

Become a BASI Instructor



BASI Pilates education programs provide a thorough training in Pilates. Whether you are looking to gain knowledge in Pilates or become a fully credentialed instructor, there is a BASI Pilates Program for you.

You will study:

- ✓ The extensive classical and contemporary repertoire
- ✓ The full complement of Pilates apparatus
- ✓ The trailblazing AVALON® System*
- ✓ Anatomy and kinesiology
- ✓ BASI's universal teaching methodology, the BASI Block System®

Honoring the past, pioneering the future

*The AVALON® System is only taught at studios that own the AVALON® equipment.

COURSE DETAILS

Mat Program (MP)

Begin your journey into the Pilates method covering the complete mat repertoire.

STANDARD: \$1099

Foundation Apparatus Program (FAP)

Further your education into the Pilates method covering the complete mat repertoire & fundamental principles on the apparatus.

STANDARD: \$2199

**Foundation Apparatus Program is a prerequisite for Comprehensive Apparatus Program.*

Comprehensive Apparatus Program (CAP)

Gain knowledge of Pilates theory, exercises, and teaching skills on all the Pilates apparatus.

STANDARD: \$1999

Sign up for both Foundation & Comprehensive Programs To Receive a \$200 discount!

REGISTER NOW

Please contact BASI Academy

+1 949-574-1343

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WWW.BASIPILATES.COM

For over 25 years BASI Pilates® has been a leading Pilates education academy. Established by world-renowned Pilates teacher Rael Isacowitz, BASI Pilates® spans 30 countries and 100 host locations.



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